

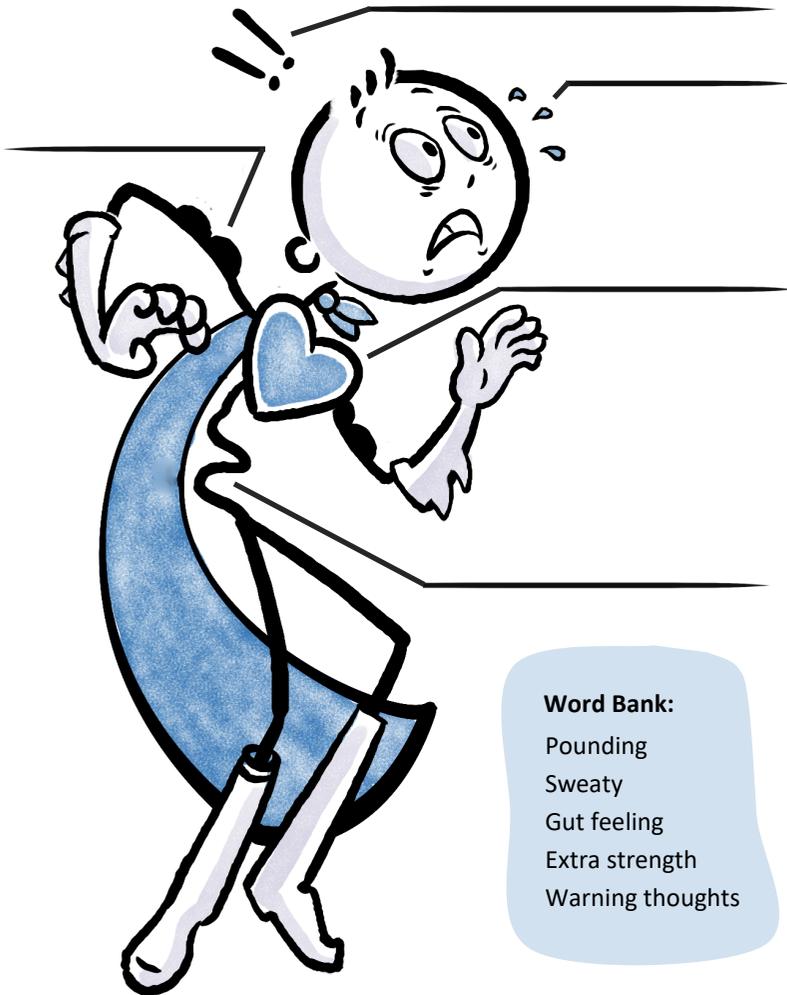
# SUPERPOWER: DANGER SENSOR



Name: \_\_\_\_\_ Period: \_\_\_\_\_

## HOW CAN YOU SENSE DANGER?

Fill in the blanks to show how your body warns you of danger. Use the word bank below.



### Word Bank:

Pounding  
Sweaty  
Gut feeling  
Extra strength  
Warning thoughts

## MATCH IT UP

Draws lines to match the terms with the correct definitions.

Human trafficking	A person who commits the crime of human trafficking
Trafficker	A crime where force, tricks or fear are used to make a person work or perform sex acts for payment
Trafficking victim	A crime where force, tricks or fear are used to make a person perform sex acts for payment
Labor trafficking	A person being controlled by a trafficker
Sex trafficking	A crime where force, tricks or fear are used to make a person work

## LET'S GET THE FACTS RIGHT

Read the statements. Write "T" for true and "F" for false.

- \_\_\_ Human trafficking is also called modern-day slavery.
- \_\_\_ Trafficking happens in America but not in our state.
- \_\_\_ A boyfriend who forces his girlfriend to have sex with someone in exchange for money or drugs is an example of sex trafficking.
- \_\_\_ An adult who convinces a child to exchange sex for gifts is an example of sex trafficking.
- \_\_\_ Listening to your gut feeling will help protect you from traffickers.

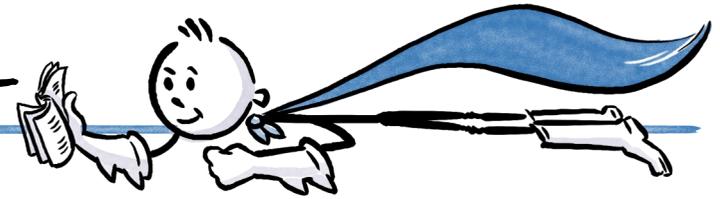
## HERO'S CHALLENGE

Decide today to avoid people who use force, tricks or fear to control others. Listen to your superpower. If your body warns you of danger, get away from the situation. Talk to a safe adult.



Superpower: Danger Sensor 1-A

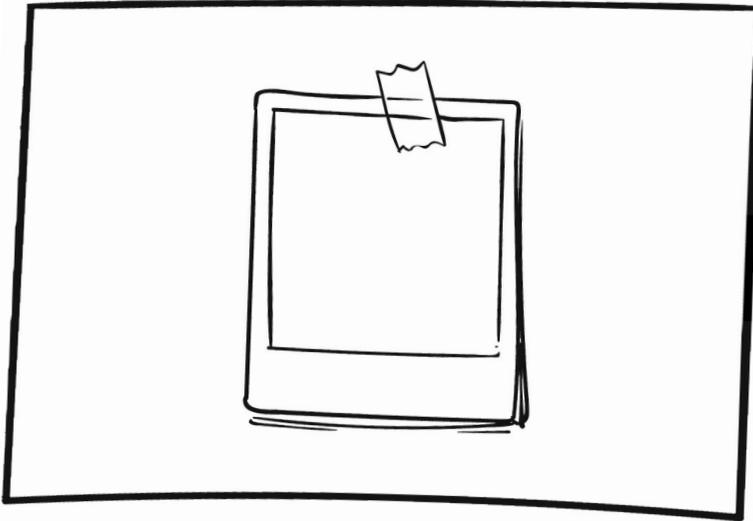
# KNOWLEDGE IS A SUPERPOWER



Name: \_\_\_\_\_ Period: \_\_\_\_\_

## WHO ARE MY SAFE PEOPLE?

Draw yourself in the photo. Write down the names or initials of the adults and friends that are in your life in the large box. Include adults from school and the community.



Read the safe people guidelines below then look at the names you've written in the box above. Circle the names of the safe people in your life.

### SAFE PEOPLE NEVER...

- ask you to do things you know or feel in your gut are wrong.
- ask you to do things that are harmful to you.
- encourage you to use drugs or alcohol.

### SAFE ADULTS NEVER...

- flirt or make sexual comments to kids or teens.
- act in a sexual way toward kids or teens.

## LET'S GET THE FACTS RIGHT

Read the statements. Write "T" for true and "F" for false.

- \_\_\_ Traffickers are always men.
- \_\_\_ Traffickers can be business owners, family members, friends and authority figures.
- \_\_\_ Traffickers usually pretend to be someone you can trust.
- \_\_\_ Traffickers can be dating or married couples.
- \_\_\_ Gangs give away drugs to get people hooked on drugs and control them.
- \_\_\_ A pimp is always involved in labor trafficking.
- \_\_\_ Sex trafficking can happen in motels, houses, bars, clubs and on roadways.
- \_\_\_ Traffickers usually look like any other adult or teenager.

WHAT SUPERPOWER GIVES YOU AN EDGE? \_\_\_\_\_ e d g e

## THINK ABOUT IT...

1. What is human trafficking? What are the two main types?
2. What are the two "superpowers" you have and how do they help keep you safe?
3. Why is it important to spend your time with safe adults and safe friends?

## HERO'S CHALLENGE

Decide today to avoid pimps and gangs and say "NO" to drugs. Commit to avoid locations where you see signs of trafficking.



Knowledge is a Superpower 1-B

# SUPERHEROES & TECHNOLOGY



Name: \_\_\_\_\_ Period: \_\_\_\_\_

## HOW CAN I PROTECT MYSELF?

Think about your life and how you use a phone and other devices. Check all the safety tips that apply to you. Use the back of this paper to write down what you plan to do to stay safe.

Use privacy settings for social media and apps. Only accept someone you know in person as a social media friend. Only communicate with people that you know in person.

Don't post, share or text photos or videos that show off your body. Only take and let others take photos or videos of you that you are okay with the whole world seeing.

Only use trusted apps with hundreds of good ratings. Turn off location, camera and microphone in device settings for each app.

Avoid posting personal information like your address or where you are everyday. Don't give this information to anyone you met through a screen.

Don't meet someone in person that you met through your screen unless a parent or guardian thinks it's a good idea and is involved.

Use safe search mode online. Leave a screen right away and tell a safe adult if you see inappropriate images or videos.

Learn more about device settings and safe search mode at [FreewayNC.org](http://FreewayNC.org).

## LET'S GET THE FACTS RIGHT

Read the statements. Write "T" for true and "F" for false.

- \_\_\_ Following screen safety tips will help protect you from traffickers.
- \_\_\_ You will definitely know if you meet a trafficker through social media or an app.
- \_\_\_ It's safe to give my address to someone I met on an app so they can send me a gift.
- \_\_\_ If you have locations on an app turned on, a predator can figure out where you are if you post a photo or in some cases a comment.
- \_\_\_ It's safe to post your school name, city you live in and where you're going.
- \_\_\_ Traffickers pretend to be interested in being your friend, boyfriend or girlfriend.
- \_\_\_ It's completely safe to make friends through video games and gaming websites.

## THINK ABOUT IT...

1. Create a list of all the social media websites, apps and gaming devices that traffickers might use to meet kids or teens.
2. How do traffickers befriend kids and teens through their screens?
3. Pick three safety tips from the lesson. What could go wrong if someone ignores these guidelines?

## HERO'S CHALLENGE

Decide to protect yourself on your screens by never sharing personal information or photos that show off your body. Decide to never meet someone in person that you met through your screen without involving a parent or guardian.



Superheroes & Technology 2-A

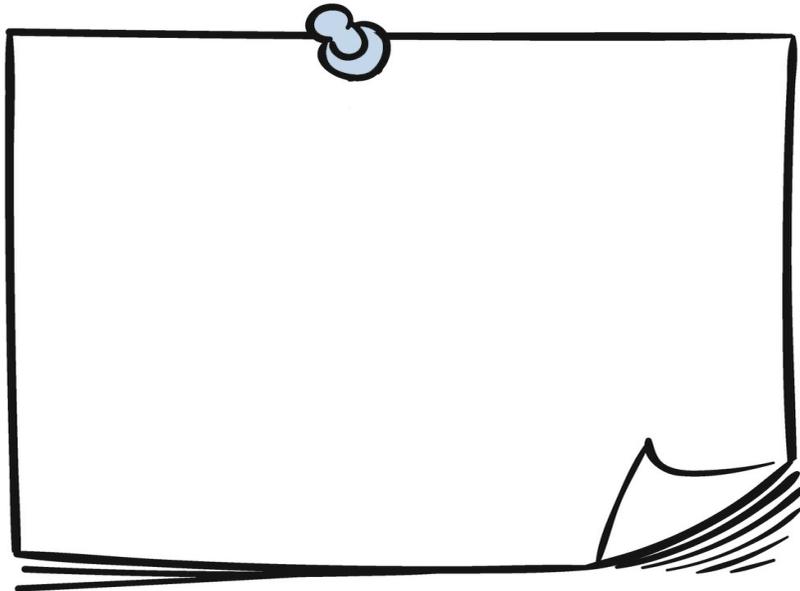
# SUPERHEROES & VILLAINS



Name: \_\_\_\_\_ Period: \_\_\_\_\_

## MY VULNERABILITIES

Think about what makes you vulnerable. Look at the list below for ideas. Create a symbol to represent each of your vulnerabilities. Draw the symbols in the box below. Make your symbols ones that only you understand.



### EXAMPLES OF VULNERABILITIES FROM THE VIDEO:

Child or teen	Struggling in school	Location where you live
Female	Skipping school	Child welfare connection
Homeless	Problems at home	Needing money or things
Runaway	Past scary experience	Spending time with gangs
Lonely	Lacks family support	Using drugs or alcohol
Previous abuse	Lacks friend support	

## LET'S GET THE FACTS RIGHT

Read the statements. Write "T" for true and "F" for false.

- \_\_\_ Traffickers look for children and teens through social media, neighborhoods, friends, schools, shopping centers, parks, restaurants, adult clubs and bars.
- \_\_\_ It's a good idea to talk about your vulnerabilities with someone you just met.
- \_\_\_ A trafficker might offer friendship, love, opportunities, housing or gifts.
- \_\_\_ Traffickers may appear to be caring older boyfriends or supportive friends.
- \_\_\_ Traffickers never traffic their relatives or family members.
- \_\_\_ Traffickers usually dress in black, hand out candy and kidnap kids.
- \_\_\_ A trafficker might promise to make you a star or offer to pay for a travel ticket.
- \_\_\_ It's a good idea to avoid people that try to use your vulnerabilities to trick you.

## THINK ABOUT IT...

1. What if someone gave you a gift or did something nice for you and then said you needed to do something to repay the favor or gift? What would you do?
2. What are some ways traffickers trick people into trusting them?
3. How do traffickers behave after they've tricked someone into trusting them?

## HERO'S CHALLENGE

Decide today that if you are ever in a relationship where force, fear or tricks are used against you, you will get away and get help from a safe adult.



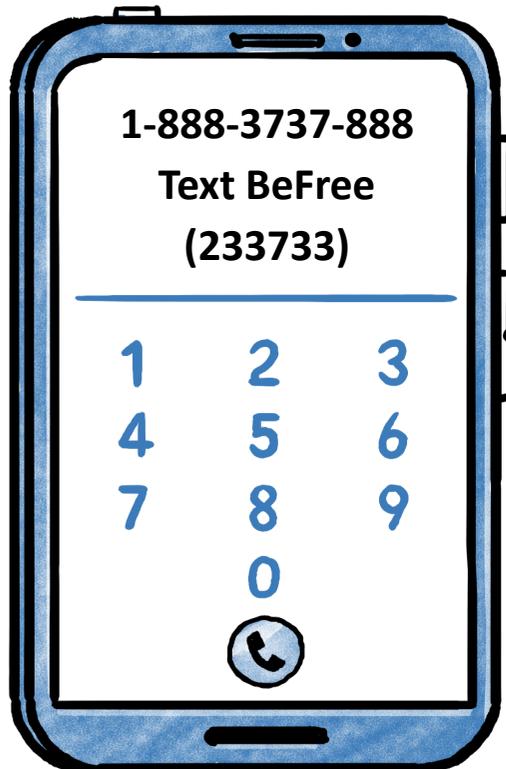
# SUPERHEROES TAKE ACTION



Name: \_\_\_\_\_ Period: \_\_\_\_\_

## MEMORIZE IT

The Human Trafficking Hotline is a 24-hour help line. You can ask for advice or report suspected trafficking without giving your name. Use the keypad like it's a real phone. Practice dialing the human trafficking hotline number and text line number five or more times to memorize them.



## WHO CAN HELP?

Fill in the blanks to show how to get help.

CALL \_\_\_\_\_ IN AN EMERGENCY.

CALL THE \_\_\_\_\_

HOTLINE. THEY CAN PROVIDE ADVICE AND CONNECT YOU TO LOCAL HELP.

YOU CAN ALSO CALL OTHER HOTLINES FOR HELP.

ALWAYS TELL AT LEAST ONE SAFE \_\_\_\_\_ IF YOU NEED HELP.

## THINK ABOUT IT...

1. What can you do if you think you see trafficking in the community?
2. What can you do if you think someone you know is being trafficked?
3. What can you do if you discover that someone who you thought was a trusted friend is really a trafficker?

## HOTLINE NUMBERS

### Human Trafficking

1-888-3737-888 or text BeFree (233733), chat: [humantraffickinghotline.org](http://humantraffickinghotline.org)

### Teen Dating Abuse

1-866-331-9474 or text LOVEIS to 22522  
Chat: [loveisrespect.org](http://loveisrespect.org)

### Runaway Safe Line

1-800-786-2929  
Chat: [1800runaway.org](http://1800runaway.org)  
For youth or teens who ran away or are considering running away

### Child Abuse

1-800-422-4453  
Chat: [childhelp.org/hotline](http://childhelp.org/hotline)

### Boys Town Hotline

1-800-448-3000  
For male/female teens who are struggling/hopeless

### Domestic Violence

1-800-799-7233  
Chat: [thehotline.org](http://thehotline.org)  
Help for family or dating violence

### Sexual Assault

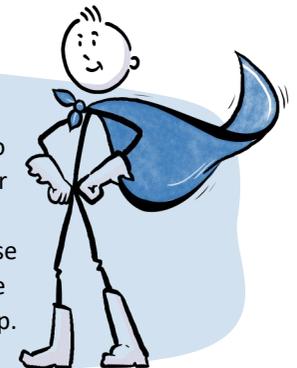
1-800-656-HOPE (4673)  
Live chat: [rain.org](http://rain.org)  
Help for sexual assault/sexual harassment

### Suicide Prevention

1-800-273-8255, chat: [suicidepreventionlifeline.org](http://suicidepreventionlifeline.org)

## HERO'S CHALLENGE

Enter the hotline numbers above into your contacts or take and save a clear photo with your phone. You can also save this paper in your bookbag, purse or wallet. Keep them with you in case you or someone you know needs help.



Superheroes Take Action 3-A

# HEROES MAKE SAFE CHOICES



Name: \_\_\_\_\_ Period: \_\_\_\_\_

## MAKE A SAFETY PLAN

Check all the safety guidelines that you plan to follow.

- Make sure a safe adult always knows where I am.
- Create a code to alert my safe adults if something is wrong.
- Memorize my safe adult's number and the trafficking hotline number.
- Keep a charged cell phone with me.
- Avoid going places with people I don't know well.
- Avoid locations where trafficking or illegal activity may be happening.
- Avoid going to parties if I don't know the person having the party well.
- Don't use drugs and alcohol.
- Avoid gangs and pimps.
- Don't have secret relationships on your screens or in person.
- Avoid flirting or sharing about myself with people I don't know well.
- Make wise choices on my screens.

What do you plan to do to stay safe?

---



---



---

## HERO'S CHALLENGE

Talk with your friends and parents or guardians about the signs of human trafficking. Tell them about the actions you plan to take to stay safe.



## THINK ABOUT IT...

Read each situation. What makes it risky? What would you do in the situation?

1

You are with your sister when her car breaks down. There is no cell service where you are. Someone you barely know stops and offers you a ride.

2

You go to a party with a cousin. At the party someone offers your cousin an opened soda. Something doesn't seem right. You can tell your cousin is uncomfortable too.

3

Your friend confides in you that she has a secret relationship. She just got a new cell phone from her secret boyfriend. You find out he is encouraging her to use drugs.

4

A friend of a friend starts messaging you. She asks for a photo and wants to know where you go to school. She talks about trying to meet up.

5

You make some new friends. They tell you they make money by going on dates. They want you to go with them after school so you can learn how it works.

6

You're at the park with a friend when an older guy flirts with your friend. He asks your friend to go with him to a nearby restaurant.

Heroes Make Safe Choices 3-B